

Substitution Form

	Game # _____	1st HALF				2nd HALF			
		1st Quarter		2nd Quarter		3rd Quarter		4th Quarter	
	Player's Name	Offense	Defense	Offense	Defense	Offense	Defense	Offense	Defense
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
	All children should play equal time								
	Every child should play offense and defense each game								
	Every child should start on either offense or defense each game, unless team has more than 10 players								
	Every child should play a variety of positions								
	EQUAL PLAYING TIME AND A POSITIVE EXPERIENCE SHOULD NOT BE SACRIFICED FOR A CHANCE TO WIN A GAME								